

# COLDHAM HALL SAILING CLUB

## YARE NAVIGATION RACE (YNR) – 9th SEPTEMBER 2023

### SAILING INSTRUCTIONS and RACE INFORMATION

#### 1.0 RULES

- 1.1 The Race will take place under the Racing Rules of Sailing, the prescriptions of the RYA and these Sailing Instructions.
- 1.2 River Cruiser Class Rule 22, which defines the hull to include a bowsprit for the purposes of the Definitions Start and Finish and some rules of the Racing Rules of Sailing, applies to all competing yachts.
- 1.3 Competing Yachts shall conform to the By-Laws of the Broads Authority when non-competing craft are encountered.

#### 2.0 CONDITIONS OF ENTRY

- 2.1 Entry is restricted to Traditional Broads Sailing Cruisers. The Race Committee reserves the right to refuse entry.
- 2.2 Yachts must have a current River Licence.
- 2.3 Yachts must have a nominated Skipper though he/she need not be the Helm.
- 2.4 All Yachts are limited to using a mainsail, foresail/s that can be used on all points of sailing, and topsail where appropriate. The use of spinnakers when racing is prohibited.
- 2.5 Yachts registered with the River Cruiser Class (RCC) will race under their sail numbers. Others will be allocated a race number on acceptance of their entries. Owners will ensure that this number is in black numerals not less than 10” high and 2” wide on boards with a yellow background, such boards to be displayed on both port and starboard sides of hull or shrouds. Yachts with illegible numbers may miss being recorded and timed during the race.
- 2.6 a) The handicaps of competing Yachts, as determined by the River Cruise Class, will be published in the Race Programme, available on the day before the Race.  
b) Yachts with a provisional handicap may enter the race, shall be timed, but shall not be given any position.  
c) Yachts that conform to the RCC rules but are not registered with the RCC, will be allocated provisional handicap by the YNR Committee.  
d) Yachts not conforming to RCC rules on construction, will be allocated a handicap by the committee and will be treated in the same way as yachts with a provisional handicap.
- 2.7 Competitors shall ensure that they have adequate Insurance Cover both for the Race, and while they are at moorings at Coldham Hall Tavern, Coldham Hall Sailing Club or other moorings before during or after the race. £2.0 million cover is considered a minimum.

**Comment [TL1]:** The RRS define starting and finishing with respect to the hull only. This is impractical for bowsprit boats, but the SI cannot change a definition in the RRS. The River Cruiser Class Rules already address the problem as defined, and SI 1.2 extends this to apply to non-class-member boats.

### 3.0 RISK STATEMENT; TOWING; PERSONAL FLOTATION DEVICES

**Comment [TL2]:** As recommended by the RYA (see Addendum A to Appendix J in the RYA version of the RRS)

3.1 Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

(a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

(b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

(c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

(d) Their boat is in good order, equipped to sail in the event and with a crew of the quality and quantity needed for the event.

**Comment [TL3]:**

(e) The provision of a race management team, other officials and volunteers by the event organizer does not relieve them of their own responsibilities;

3.2 No tow or assistance can be provided for any boat, before during or after the race.

3.3 Flag Y, displayed from the Start Box, means that rule 40.1, Personal Flotation Devices, applies, to require competitors to wear a personal flotation device while racing. See also RRS Fundamental Rule 1.2.

### 4.0 COURSE INSTRUCTIONS

4.1 The course will be from the starting line at Coldham Hall Sailing Club to a Target Buoy marked 'YNR', on Breydon Water and return to the finish line that is the same as the starting line.

4.2 Yachts shall round the Target Buoy either to port (Red Flag) or to starboard (Green Flag) as indicated on the Buoy.

### 5.0 STARTS

5.1 The Starting Zone at Coldham Hall lies from the Start Line and to the east of the eastward dyke to Surlingham (Bargate) Broad. Yachts must not enter this Zone until within 15 minutes of their nominated start time except in direct passage from their moorings.

5.2 The Starting Line shall lie between the flag post on the Start Box and the white post surmounted by a yellow triangle on the opposite bank.

5.3 Starts will be available from 0730 hours and at fifteen-minute intervals thereafter.

5.4 The first warning signal (Cruiser Class flag with one sound signal) will be made at 07:20

Preparatory signal (flag P with one sound signal) at 07:25 and the start (removal of the flags with one sound signal) will be at 07:30 . Further starts will be made using the same intervals every 15 minutes until all boats have started.

- 5.5 Each Skipper shall choose his own starting time, indicate this time on the starting time slip available in the Clubhouse on the day, and hand it at least 15 minutes before the chosen start time, to the Clubhouse Officials. All start nominations will be kept confidential, but Skippers may be told the number of Yachts that have currently nominated for any particular start. Nominations will be refused if seven Yachts have already selected the same time, and the Race Committee may close nominations for the same time at any number if conditions demand. Accepted nominations cannot be withdrawn, notwithstanding the provisions of 4.2.d.
- 5.6 Yachts waiting to start the race, must nominate their start time to the officials in the Clubhouse by 1130 hours.
- 5.7 The Finishing Line is either the Start Line or a manned position against the river on the return leg to Coldham Hall, which will be indicated by a post or an Official Boat flying the YNR flag (a Yellow Y on a Red background) and the International Code Flag S.
- 5.8 Latest Finishing Time. No Yachts will be timed in after 19:30 hours.

## 6.0 CHANGING THE FIRST LEG

- 6.1 The Race Committee may change the location of the Target Buoy and/or the side on which it is to be rounded, from before the first warning signal of the event (07:20 BST) and while some or all Yachts are racing, but before any Yacht has rounded it, and more than once if necessary, to either:
- (a) between Pokey's Mill and Berney Arms or
  - (b) upriver of Reedham Swing Bridge
- 6.2 The change of position of the Target Buoy (but not of its required side) will be notified
- (a) to boats not yet racing
    - (i) by displaying flag C from the starter's box and
    - (ii) orally or by a notice at the Club House stating the new position
  - (c) to all boats, by a race committee vessel stationed near the new position displaying flag C with repetitive sounds.

If the new position is downriver from Reedham Bridge, the race committee at the first Guard Point at the Bridge may also attempt to notify the change orally.

- 6.3 SIs 6.1 and 6.2 change RRS 33.

## 7.0 SHORTENED COURSE -

- 7.1 The Race Committee may shorten the return leg of the course, in which case the finishing-line will be signified by a post or official boat flying the YNR flag (a Yellow "Y" on a Red Background) and the International Code Flag S (see 5.7).
- 7.2 The likely positions for the finish of a shortened course are:- The timing position, downriver of Reedham Swing Bridge, or Reedham Ferry, or Langley Dyke or Beauchamp Arms.

**Comment [TL4]:** Changing a leg and shortening course are different things. Is 6.2 correct?

7.3 In the event of the course being shortened, any boats not then racing must nominate or re-nominate their start time to occur within one hour of the declaration of the shortened course.

#### 8.0 REEDHAM SWING BRIDGE (the bridge)

8.1 On outward and homeward legs, each yacht will enter a timed-out section of the race when it passes a Guard Point located before the bridge. The Guard Point is marked on one bank by a post flying the YNR flag (a yellow "Y" on a red background). A sound signal will be made. Having passed through the bridge, the yacht will exit the timed-out section as it passes the second Guard Point, which is marked in the same way, and a sound signal will be made.

Towing will not be offered between the two Guard Points.

Please note that the Railway Authority has complete control over when the bridge opens and closes.

8.2 Yachts shall obey instructions from Race Officials at the Guard Points or on the bank.

8.3 If the bridge is open, yachts shall proceed and re-join the race without delay.

8.4 If the bridge is closed, yachts shall keep clear of the Guard Points until the bridge opens. Yachts shall re-join the race without delay.

8.5 When in the timed-out section of the race, yachts shall not lower their masts or alter their rig.

8.6 Yachts shall not attempt to pass through the bridge if:

- i) The bridge starts to close.
- ii) Instructed not to do so by the Guard Point, a Race Official or The Bridge Official
- iii) The bridge is closed.

8.7 When in the timed-out section of the race, engines, quants and other means of propulsion may be used until the yacht is within three boat lengths of the second Guard Point. Other than by wind, the "over- the- ground" speed limit under propulsion, is 5m.p.h.

8.8 Yachts shall not gain an advantage in re-joining the race in a position different from that when timed out of the race, unless it allows a disadvantaged yacht to overtake if requested

#### 9.0 PENALTIES AT THE TIME OF AN INCIDENT

9.1 RRS 44.1 Taking a Penalty and RRS 44.2, One-Turn and Two Turns Penalties will not apply. Instead, a Yacht may accept a time penalty to be added to her elapsed time, of one minute if while racing she may have broken RRS 31, Touching a Mark, or of two minutes if she may have broken one or more rules of Part 2 in an incident.

9.2 However, if she caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race by her breach, her penalty shall be to retire.

**Comment [TL5]:** I suggest that this encapsulates the Class Guidance Note 1, and it specifically outlaws turns penalties rather than giving a choice). The green flag is a class recommendation. I suggest that a protest penalty needs to be harsher than a time penalty that could have been taken at the time of an incident (and it is still very lenient). I also suggest 'DPs' for non-Part 2 or rule 31 infringements.

9.3 A yacht takes a time penalty by displaying a green flag until she finishes and notifying the race committee at the finish.

#### **10. RUNNING AGROUND**

10.1 Yachts running aground may quant off without penalty. Yachts accepting external assistance shall retire. Use of auxiliary engines is classified as external assistance.

#### **11.0 PROTESTS**

11.1 The Protest Committee shall consider protests provided they are lodged with the Committee at the Clubhouse within 45 minutes after the protesting Yacht has completed the Race or returned to Coldham Hall Sailing Club

11.2 Protest Forms will be available at the finish line and at Coldham Hall Sailing Club.

#### **12.0 RETIREMENT**

12.1 Any Yacht that retires from the Race, shall advise a Race Official as soon as possible; the Telephone Numbers of the Officer of the Day or other officials will be published in the Race Programme.

#### **13.0 NON-STARTERS**

13.1 If, before or on the race day, you decide not to come to the race, please email sambrown.consultancy@hotmail.com or telephone 01508 538905 or 07825 273945 to inform that you will not start.  
If on the day you arrive and then decide not to start, please inform the officials in the clubhouse.

## **INFORMATION**

### **1. TROPHIES**

The following Trophies will be awarded and be retained for one year:

<b>The YNR Trophy</b>	Overall Winner
<b>The Wilberforce Smith Trophy</b>	Hull Length under 25 ft.
<b>The Jeckells Trophy</b>	Hull Length 25ft up to 28ft
<b>The Starlight Lady Trophy</b>	Hull length over 28ft
<b>Moonraker Trophy</b>	Fastest Elapsed Time
<b>Breeze Trophy</b>	Longest Elapsed Time

All trophies shall remain the property of Coldham Hall Sailing Club and shall be returned each year prior to the next YNR or on demand

Each Trophy Winner, apart from the Breeze Trophy, will be awarded a special Race Pennant for use on only that Yacht. Likewise, and with the same exception, the first, second and third Yachts will be presented with engraved, polished brass plaques.

- 2. EMERGENCY TELEPHONE NUMBER - 07825 273945**
- 3. HIGH WATER AT COLDHAM HALL SAILING CLUB -** Sept 9th September 2023  
09.01 hours and 22.40 hours
- 4. SUNSET – 19:24 hours**
- 5. OFFICIAL MOTOR BOAT and TIMING POINTS** - can be identified by a flag with a Yellow “Y” on a Red background.
- 6. FREE MOORINGS - at** Coldham Hall Tavern will be available from Sunday 3rd September after 4.00 pm. until 11 am on Friday 15th September. Please leave boat’s name and contact details of the owner with the Tavern. In this period, boats should moor stern-on in the stretch next to the club’s moorings. Before and after this period, moorings will be charged at £10 per day, fully redeemable in Coldham Hall Tavern.
- 7. NON- COMPETING CRAFT** - are requested to find moorings elsewhere to maximise the space available on the quayside for competing Yachts.
- 8. RUBBISH BAGS** - will be made available; please use them and place them by the side of the sailing clubhouse. Do not use the Tavern’s waste bins.
- 9. TOILET FACILITIES** - are available in the CHSC Club House and near to the Start-box. Those within the Tavern should not be used other than by Patrons.

10. **ITEMS NOT TAKEN WHEN RACING** - In the past, some items have been left on the bank. The Tavern considers that these may be a hazard to anyone using the footpath by the river. Please leave your items in the sailing club's dinghy park.

11. **CAR PARKING** - Please park in the sailing club's car park.

12. **FOOD** - Dinner on YNR day will be available from 5pm to 9.00 pm in the pub and will be a YNR specific menu in addition to the normal pub menu.  
Please liaise direct with the Tavern about breakfast on the day of the race, Saturday 9th September.

13. **OWN FOOD AND DRINKS**

The Tavern wishes to remind everyone that only food and drink purchased in the Tavern should be consumed in the Tavern, the Tavern's gardens and outside areas.