

# BBB Sailing Instructions

## Saturday 19<sup>th</sup> July 2025

Racing will take place under the current ISAF rules, as adopted by the RYA and known as the Racing Rules of Sailing (2024-2028), these sailing instructions, the appropriate class rules and by-laws of the Broads Authority.

1.

1.1 Eligibility - Production cruisers (i.e. any cruiser not eligible to compete in Yare Navigation Race), dinghies (excluding single handers) and day boats of all classes.

1.2 Any participant under 18 must be accompanied by an adult 18 or over.

2.

2.1 The race organisers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner/competitor, their skipper or crew, as a result of their taking part in the race or races.

**Liability** (i) By signing the entry form, participants accept that they are responsible for themselves, their crew, and their boats, whether afloat or ashore. (ii) Nothing done by the organisers (i.e. the club, race management team, patrol, towing or safety craft and anyone helping to run the event) will relieve participants of their responsibilities. (iii) By launching, participants imply the suitability of their boat and the competence of the skipper and crew for the expected or forecast conditions. (iv) The provision of patrol, towing and safety craft does not relieve participants of their responsibilities.

2.2 Measurement or Rating Certificates should be available for inspection if requested by the Race Office. Boats may be measured before or after the race. (CHSC will generally use the 'Green Book' for reference to handicaps, however CHSC reserves the right to alter these as it sees fit).

2.3 Boats may be inspected before or after any leg of the race at the discretion of the Race organisers. Neither the establishment of these conditions, their use by the race organisers, nor the inspection of the boat under these conditions in any way limits the absolute responsibility of the owner/competitor. The crews are nonetheless advised to satisfy themselves as to the experience of the skipper and the adequacy of all safety equipment and insurance arrangements.

2.4 All boats will display official recognition marks as supplied by CHSC. White ribbon tied at the bottom of the shroud both starboard and port side.

2.5 The organisers reserve the right to refuse an entry without giving reasons.

2.6 Helms must give the names of crew before starting. Helm and crew may exchange duties after the start.

2.7 All cruisers must carry engines in working order.

2.8 All boats must be covered for third party insurance to the sum of £2,000,000.

2.9 All boats must carry a mobile phone.

### **3. Adequate personal buoyancy.**

A personal flotation device, (RRS from 2009), **correctly fitted and fastened**, must be worn by all entrants. Wet suits and dry suits are not personal flotation devices.

### **4. Instructions.**

4.1 Notices to competitors will be posted on the official notice board in the clubhouse.

4.2 Starting signals will be in accordance with ISAF rule 26. (5 minute, 4 minute, 1 minute, start).

4.3 Changes to sailing instructions will be posted at least two hours before the advertised starting time.

4.4 All committee boats will display a blue flag.

### **5. The Course.**

5.1 The course area is on the River Yare & Breydon Water.

5.2 The race is from Coldham Hall Sailing Club 'down river' start line to the Y turning buoy on Breydon Water and return to Coldham Hall Sailing Club finishing line. The course may be shortened depending on the weather forecast. The start line may be further down river, the turning point may be further up river and the finish line may be further down river.

### **6. Start Times.**

6.1 The first start will be at 07.00 with subsequent flights every fifteen minutes to 10.00.

6.2 Helms may request a start time up to 30min. before that time by handing in their entry form to the Race Controller. All start nominations will be kept in the strictest confidence. The Race Controller reserves the right to refuse start time requests and to adjust numbers in starting flights.

## **7. Starting.**

7.1 All boats are to keep clear of the start line until 5 minutes before their race start time.

7.2 A loud hailer will recall any boat over the line at the start.

## **8. Reedham.**

8.1 Entrants may use any form of propulsion between up and down gates at Reedham.

8.2 Entrants will be timed out / in the race as they pass up / down gates on outward and return legs.

8.3 Reedham Bridge must not be passed when closed, no masts lowered, no deliberate capsizing.

8.4 The Railway has complete control over bridge closing times.

## **9. Finishing.**

9.1 The race will finish at Coldham Hall Sailing Club finish line, or a line between a committee boat and an outer mark further down river.

9.2 The time limit for the race will be 18.30. The race will be valid for all entrants finishing within time.

## **10. Penalties/Protests.**

10.1 A boat touching the Y turning buoy will be awarded a five-minute penalty not a one turn penalty when she may have broken rule 31 as described in Rule 44.1

10.2 The Exoneration Penalty (and the Advisory Hearing and RYA Arbitration procedures) of the RYA Rules Disputes Procedures will be available. See the Official Notice Board for details.

10.3 If a boat in dispute or protesting is unable to finish within the time limit, race observers may relay the message.

10.4 The disputes procedure (advisory hearing/protest etc.) will begin as soon as all involved are present.

## **11. Retirements**

11.1 Entrants retiring from the race must inform the “officer of the day” or a club observer as soon as possible.