

CHSC Boat Handling Check List

1 Knows sources of relevant weather forecasts and apply them for safe sailing.

Yes

No

2 Knows

- Points of sailing and 'no go zone'
- How a sail works and sailing boat moves
- Tide tables, tidal sequence and how they might apply at CHSC
- The effect of wind direction, strength, and tidal flow on sailing conditions
- Speed over the ground with/against tidal flow
- Informing someone ashore/dangers of sailing alone

Yes

No

3 Knows basic rules of the road:

- Power/sail
- Port/starboard
- Windward boat
- Overtaking boat
- Same tack boats converging (who must keep clear)

Yes

No

4 Describe how to right a capsized boat using one method of righting and has knowledge of at least one other method

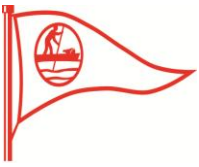
Yes

No

5 Knows importance of personal safety, clothing and buoyancy, boat buoyancy. basic equipment and knots (round turn and two half hitches, bowline, reef knot, figure of 8)

Yes

No



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6 Describe the effects of water shock and hypothermia.

Yes

No

7 Rig a Club boat according to club guidance (below link for wayfarer).

<http://coldhamhallsailingclub.co.uk/sailing/wayfarerssetup/wayfarerssetuppdf.pdf>

Yes

No

8 Launch and Recover the dinghy (manoeuvrer in dingy park).

Yes

No

9 Safely leave and return to the jetty or mooring.

Yes

No

10 Demonstrate the Five Essentials of Sailing

- Balance
- Trim
- Course Made Good
- Centreboard
- Sail Setting

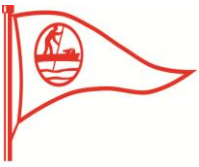
Yes

No

11 Demonstrate the ability to sail around a triangular course using all points of sailing. Sail to specific instructions. Communicate clearly and timely with the crew.

Yes

No



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12 Demonstrate how to recover a person overboard.

Yes

No

13 Has knowledge of boat storage ashore.

Yes

No

Name of candidate _____

Assessed By: _____

Assessor Signature: _____

Date: _____