



COLDHAM HALL SAILING CLUB

COLDHAM-REEDHAM-COLDHAM (CRC) RACE – Saturday 26 August 2023

SAILING INSTRUCTIONS and RACE INFORMATION

1.0 RULES

The Race will take place under the RYA Racing Rules of Sailing 2021-2024, the prescriptions of the RYA and these Sailing Instructions. Competing Boats shall conform to the By-Laws of the Broads Authority when non-competing craft are encountered

2.0 CONDITIONS OF ENTRY

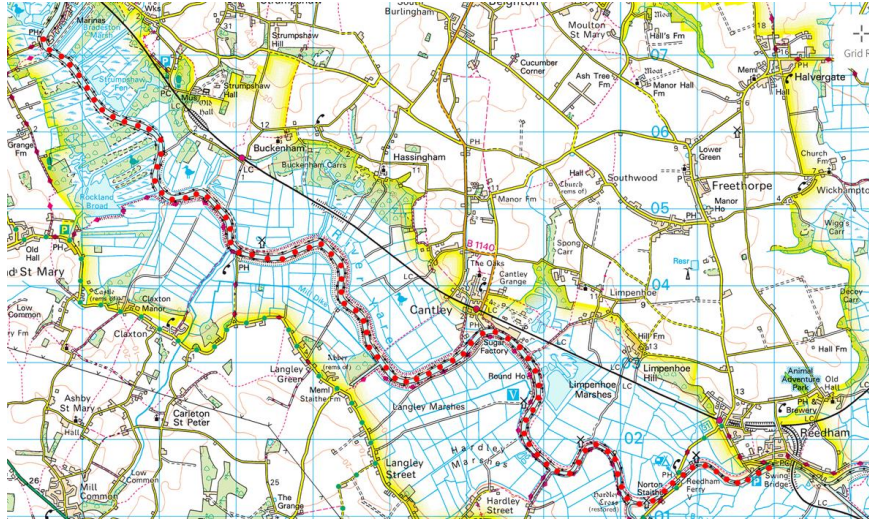
- 2.1 Entry is restricted to halfdeckers and dinghies
- 2.2 Boats must have a current River Licence
- 2.3 Boats must have a nominated Skipper who need not be the Helm
- 2.4 Boats may use a foresail and mainsail. The use of spinnakers when racing is permitted with the application of the corresponding CHSC handicap
- 2.5 Boats will race under their sail numbers. Boats with illegible numbers may miss being recorded and timed during the race
- 2.6 CHSC handicaps will be used

3.0 SAFETY

- 3.1 The safety of the Boat and her entire management shall be the sole and inescapable responsibility of the Owner/Skipper at all times.
- 3.2 Adequate personal buoyancy for all crew members shall be carried at all times. Wet suits do not constitute personal buoyancy. When the International Code Flag Y is displayed at the Start Box, competitors shall wear personal buoyancy aids throughout the Race
- 3.3 The number and nature of the crew should be consistent with that required for a long-distance event
- 3.4 Competitors shall ensure that they have minimum insurance cover of £2m

4.0 COURSE INSTRUCTIONS

- 4.1 The course will be from Coldham Hall to a turn line at Reedham between the Flagpole on the Broads Authority hut near the Nelson Tavern and the upriver end of the pontoon jetty on the south bank of the river and return. The distance from Coldham Hall to Reedham is approximately 9.3 miles



- 4.2 SHORTENED COURSE If weather conditions require, The Officer of the Day may:
- 4.2.1 Move the turn line to a different position on the Yare, before the first Boat has passed it, and/or
 - 4.2.2 Shorten the return leg of the course, in which case the finishing line will be signified by a post or safety boat flying the YNR flag (a Yellow Y on a red background) and the International Code Flag S (see 5.7)
 - 4.2.3 The likely positions for the finish of a shortened course are the Reedcutter at Cantley or the Beauchamp Arms at Buckenham
 - 4.2.4 In the event of the course being shortened, any boats not then racing must nominate (or re-nominate) their start time to occur within one hour of the declaration of the shortened course

5.0 START AND FINISH

- 5.1 **The Starting Zone** at Coldham Hall lies from the Start Line to the east of the eastward dyke to Surlingham Broad. Boats must not enter this Zone until within 15 minutes of their nominated start time except in direct passage from their moorings
- 5.2 **The Starting Line** shall lie between the flag post on the Start Box and the yellow post surmounted by a triangle on the opposite bank
- 5.3 Starts will be available from 10.00 and at fifteen-minute intervals thereafter until the last start at 11.30
- 5.4 **Nomination of start time** Each Skipper shall choose his own starting time, indicate this time on the starting time slip available in the Clubhouse on the day, and hand it at least 15 minutes before the chosen start time, to the Race Officer in the Start Box. All start nominations will be kept confidential, but Skippers may be told the number of Boats that have currently nominated for any particular start. Nominations will be refused if seven Boats have already selected the same time, and the Race Officer may close nominations for the same time at any number if conditions demand. Accepted nominations cannot be withdrawn, notwithstanding the provisions of 4.2.d
- 5.5 Boats waiting to start the race, must nominate their start time to the Race Officer in the Start Box at least 15 minutes before their chosen start time

- 5.6 **The Starting Signals** will be a klaxon and the Class Flag at 10 minutes before the Start, a klaxon and the International Code Flag P (Blue Peter) at 5 minutes before the start, with the Flags down at the start with a sound signal
- 5.7 **The Finishing Line** is either the Start Line or a manned position against the river on the return leg to Coldham Hall, which will be indicated by a post or the safety boat flying the YNR flag (a yellow Y on a Red background) and the International Code Flag S
- 5.8 **Latest Finishing Time** No Boats will be timed in after 17:00

6.0 TURN-LINE AT REEDHAM

- 6.1 At Reedham Riverside, each Boat will enter a timed-out section of the race when it passes the Turn-line in the downriver direction. The Turn-line runs between the flagpole on the Broads Authority hut near the Nelson Tavern and the upriver end of the pontoon jetty on the south bank of the river.



A sound signal will be made when the Boat reaches the Turn-line, and the time will be recorded. The Boat must then continue downriver to either safely execute a turn or moor up for a break. Having completed a safe turn the boat will then be timed back into the race when it reaches the Turn-line in the upstream direction at which point a sound signal will be made and the time will be recorded

- 6.2 Boats shall obey instructions from Race Officers at the Turn-line or on the bank
- 6.3 When in the timed-out section of the race, engines, quants and other means of propulsion may be used until the Boat is within three boat lengths of the Turn-line. Other than by wind, the “over-the-ground” speed limit under propulsion is 5 mph

7.0 PENALTIES

- 7.1 The following alternative penalties shall apply
- 7.2 Any Boat which acknowledges, or after protest and hearings, is found to have infringed any of the rules contained in Part 2 of the Racing Rules of Sailing 2021-2024, or any other Rules contained in the sailing instructions, shall be subject to a time penalty of either one minute or two minutes, as an alternative to the turns procedures described in Clauses 44.1 and 44.2
- 7.3 Boats running aground may quant off without penalty. Boats accepting external assistance shall retire. Use of auxiliary engines is classified as external assistance

8.0 PROTESTS

- 8.1 The Officer of the Day shall consider protests provided they are lodged with the Committee at the Clubhouse within 45 minutes after the protesting Boat has completed the Race
- 8.2 Protest Forms will be available at the finish line

9.0 RETIREMENT

Any Boat that retires from the Race, shall advise a Race Officer as soon as possible; the Telephone Numbers of the Officer of the Day and other Race Officers will be published in advance of the Race

10.0 NON-STARTERS

If, before or on the race day, you decide not to come to the race, please email Ben Adams at tobenadams6@gmail.com or telephone 07799 148989 to inform that you will not start. If on the day you arrive and then decide not to start, please inform the Race Officer in the Start Box

11.0 TROPHY

A trophy will be awarded and be retained for one year. The trophy shall remain the property of Coldham Hall Sailing Club and shall be returned each year prior to the next CRC or on demand

12.0 EMERGENCY TELEPHONE NUMBERS

Ben Adams 07799 148989

David Taitt 07905 153172

13.0 TIDES AND DAYLIGHT

High water Coldham Hall 08.51

20.58

Low water Reedham 13.25

Sunrise 05.52

Sunset 19:56