

Coldham Hall Sailing Club Sailing Instructions

1. RULES

- 1.1 Racing will be governed by the rules as defined in the Racing Rules of Sailing
- 1.2 These sailing instructions apply to club racing. Separate instructions will be issued for the Yare Navigation Race and any other Open Event.

2. CONDITIONS OF ENTRY AND RISK STATEMENT

- 2.1 The helm shall be a Life, Full or Family member. However, the Officer of the Day may accept an entry from a boat helmed by a member of another RYA-affiliated club: the score of the boat will be excluded from series results, as if she had not competed.
- 2.2 The boat shall be adequately insured, with cover of at least £2m against third party claims,
- 2.3 Rule 4 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.' Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 - (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event;
 - (b) they are responsible for the safety of themselves, their crew, their boat and other property whether afloat or ashore;
 - (c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - (d) their boat is in good order, equipped to sail in the event and they are fit to participate;
 - (e) the provision of a race management team, patrol boats and other officials and volunteers by the Club does not relieve them of their own responsibilities;
 - (f) the provision of patrol boat cover, if any, is limited to such assistance, particularly in extreme weather conditions, as can practically be provided in the circumstances
- 2.4 Boats are entered by sailing in the vicinity of the starting line and then starting.

3. PERSONAL FLOTATION DEVICES

When flag Y is displayed ashore with one sound signal, rule 40 (requiring competitors to wear personal flotation devices) applies at all times when afloat. This changes the preamble to Part 4 of the Racing Rules.

4. COMMUNICATION WITH COMPETITORS

- 4.1 Signals made ashore will be displayed from the Starting Box
- 4.2 Notices to competitors will be posted on the official notice board in the clubhouse.

5. SCHEDULE OF RACES

The Race Programme is listed in the Club handbook.

6. STARTING PROCEDURE AND WARNING SIGNALS

Races will be started by rule 26. The warning signals are:

Allcomers	Numeral 9
Cruisers	Numeral 3

7 COURSES

7.1 STARTING AND FINISHING LINE AT COLDHAM HALL

This is from the flag post of the Starting Box to a white post surmounted by a triangle on the opposite bank. Other starting lines and finishing lines are described below.

7.2 LOCAL COURSE

Numbered buoys will be laid as marks, No 1 down river, No 2 near the clubhouse, No 3 up river. The course between starting and finishing will be displayed in front of the starting box on boards reading left to right. A number on a red background means 'Leave this mark to port', a number on a green background means 'Leave this mark to starboard'. The number of laps will be displayed in black. An arrow will show the direction of the first mark.

7.3 DOWN RIVER COURSE

From the starting line at Coldham Hall to the Coldham Hall finishing line via a line identified by a number on the course board in front of the starter's box.

- 1 Between the speed limit signs immediately up-river of the Beauchamp Arms.
- 2 Between the speed limit signs immediately down-river of the Beauchamp Arms.
- 3 The extension across the river of the line of the fence which is between two small trees on the south bank approaching Langley Wood.

The outward leg ends and the return leg begins after a boat has completely crossed the designated line.

7.4 PICNIC COURSE

From the starting line at Coldham Hall to a line between a committee vessel on one bank and a buoy near the other bank, to be advised before the warning signal: then, as a separate race, from that line back to a line identified orally to all competitors before the warning signal by the Officer of the Day (changing rule 90.2(c)), in default of which to the finishing line at Coldham Hall.

8 SHORTENING THE COURSE

This sailing instruction changes Flag S in Race Signals and rule 32.2. A race committee vessel and a buoy in this sailing instruction are marks.

8.1 LOCAL COURSE

Flag S displayed with two sound signals means: 'The course is shortened. Boats will finish when they next cross the finishing line at Coldham Hall after sailing the same course as the first boat to finish.'

8.2 DOWN RIVER COURSE

Flag S over D displayed with two sound signals on the first leg from a race committee vessel means: 'The outward leg now ends and the return leg now begins when boats round the nearby buoy to port.'

Flag S displayed with two sound signals from a race committee vessel on the return leg means: 'The finishing line is now from the mast showing this signal to a buoy laid close to the opposite bank.'

8.3 PICNIC COURSE

Flag S displayed with two sound signals from a race committee vessel means: 'The finishing line for this leg is now from the mast displaying this signal to a buoy laid close to the opposite bank.'

9. SCORING

Races will be scored by the Low Point System, Appendix A of the Racing Rules. A Picnic Race is scored as if its two parts formed a series. The races to count in the full Summer Programme, in its constituent first and second series and in the Winter series will be the best scores for a boat in half the races plus 1 in which she competed. However, the Club may retrospectively decide a lower number of races to count for a series where no boat achieved the races to count in the previous sentence. Club trophies are listed in the Club handbook.

10. PROTESTS AND REQUESTS FOR REDRESS

Protest forms are available from the Officer of the Day. Written protests and requests shall be lodged with the Officer of the Day within 30 minutes after finishing or returning to Coldham Hall after retiring.