

A P R I L 2 0 2 6

COLDHAM CHRONICLE

Goldham Hall Sailing Club Est. 1951

'The Heart of Sailing in the Yare Valley'

President: Gary Corbett



Club Officers

Commodore: David Taitt
david.taitt@gmail.com

Vice - Commodore: Vacant

Rear Commodore: Vacant

Secretary: Emma Crowfoot
ejcrowfoot@gmail.com

Treasurer: David Woolston
woolston546@btinternet.com

Race Officer: Ben Adams
tobenadams6@gmail.com

Social Secretary: Amanda Blezard

Bosun: David Taitt
david.taitt@gmail.com

The Coldham Chronicle

Welcome to your 'Spring' 'April edition of our club Chronicle, we welcome all our new members/friends to the club, this month we get back on the water doing what we enjoy, important for all our wellbeing and health. It's certainly a busy month with a lot to cover, we start at the beginning of the month with a report on our Rigging Out Supper held at the Tavern. This was followed the next day with the clubs first local sailing race of the season. We will have a catch up on all of April's sailing calendar and events, importantly our Clubs Open Day on Sunday 26th, when we welcomed new friends and those interested in joining us at the club, Hi to you all.

Let's start with the weather, up to now a very dry month, not good for the gardens, sunny throughout but what high winds, coming from the East it was 'bitter' cutting into you.

For our first race day, Storm Dave with gale force high winds joined us keeping us on our toes, certainly an active sail but we survived it. The following two Sundays the wind strength was high giving excellent sailing conditions, still a chill in the air, especially on the water. Sunday 19th arriving at the club we knew spring had arrived with Mum and Dad Greylags and their eight newly born goslings trailing behind, on the water more young, ducks and Egyptian geese., even our first arriving Swallows swooping along the river. Sunday 26th the distinctive call of our summer migrant the Cuckoo, a wonderful sound, also Kingfisher sightings, passing the start box and a call from the Bittern was heard. Who needs Springwatch, just spend a day at Coldham.

Our Midweekers are back on the water with details of their weekly social sails. Paddler evenings start early May, a busy time on the water ahead for all. Gary attended Surlingham Parish Council AGM on 12th April presenting the club's annual report; we are told there is proposed work at the Staithe by the Council and RSPB to regain access to the river by craft, currently overgrown with fallen trees.

Enjoy your read and happy sailing/paddling/canoeing or whatever boat you float!



www.coldhamhallsailingclub.co.uk



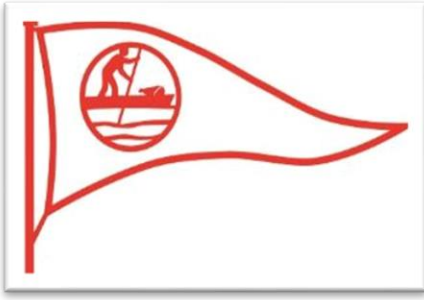
Coldham Hall Sailing Club



Yare Navigation Race



CHSC Triple B Dinghy & Keel Boat Race



Notes from the Committee held on Monday 13th April by Teams.

March 2026 minutes were agreed and signed, matters arising covered.

Club Commodore, David Taitt, opened the meeting and welcomed everybody

A. Maritime Safety Code was discussed at NSBA Flag Officers meeting and it was agreed not relevant to our club, the club has procedures in place, including Risk Assessments. Closed.

Hon. Secretary- No report this month.

Treasurer – Club finances detailed. Detailed, annual rent increase in line with inflation. Majority of subscriptions and fees paid for year. One New membership, further new membership with one berth in Dinghy Park.

Bosun – Repairs to club deferred to May meeting.

Race Officer – Open Day Flayer information to be sent out, inclusive day for all members sailing and paddle craft, BBQ will be available, opportunity to meet and greet. Open Regatta programme being prepared and sent out.

Social Secretary – Rigging Out Supper successful, committee thanked Mandy for arranging. Club House Tea/Coffee £1 per cup, cake £1 each. Or one off payment of £30 for the season agreed.

Partnerships- David Taitt will be meeting David Linder (Tavern) in advance of club events, this period Open Regatta.

AOB. Cover Open day on Club website, remove 2025 YNR details from website.

**Upcoming Events
2026**

May

Sat/Sun 2nd /3rd CHSC/NFSC/WOD Open Regatta
Thurs 21st/28th Try Sailing Land Based

June

Thursdays Try Sail Water sessions
Saturday 20th Hardley Mill Cruise & BBQ
Sunday 28th Yare Challenge Cup

July

Thursdays Try Sail Water sessions
Sunday 5th Club Regatta
Saturday 11th Triple B
Thursday 16th Social BBQ

August

Saturday 8th Reedham Race

September

Saturday 5th Yare Navigation Race
Sat/Sun 19th /20th CHSC/Waveney OD

October

Sunday 18th Commodores Day
Sunday 25th Winter Downriver Series starts

December

Wednesday 2nd Annual General Meeting
Sunday 13th Christmas Pudding Race

The above list is correct at time of going to press but may be subject to change throughout the year. A full list of all racing and social events are on the club website.



Surlingham Parish Council AGM. Tuesday 14th April.

President Gary Corbett attended and represented CHSC at Surlingham Parish Council AGM, giving the following report.

“ I’m pleased to report all is well at the sailing club, we have an increasing membership both sailing and paddle craft, Sunday sailing races and our midweek sailing is well underway this year, we plan to restart our Tuesday social paddle evenings the beginning of May for the season.

We continue to maintain the clubhouse and site, although we are looking for additional canoe/kayak storage, it is so popular, a good access point to the river.

The club has a full programme of events planned, both on and off the water, from 1.30pm on Sunday 26th April we hold the clubs Open Day, inviting all to pop down, have a sail and/or a paddle in a kayak/canoe, maybe a paddleboard, importantly meeting members, bring a picnic; this year we will be running the club’s Try/ Discover Sailing Programme, two theory sessions and at least 6 sailing sessions starting in May.

This year is the 50th ‘Yare Navigation Race’. Traditional River Cruisers from all over the Broads come to Coldham to race to Breydon Water and back, a prestigious event on the Broads Sailing calendar, this year the races is on Saturday 5th September, extra special. Locally we manage the ‘Triple B’ our own Coldham, Breydon and back for all other sailing craft from Laser’s, Wayfarers to production yacht’s, this is on Saturday 11th July, Triple B was previously raced at Buckenham Sailing Club.

Earlier this year we assisted Brundall Sea Scouts with their Baden Powell overnight trek crossings of the Yare on a circular route, we have replaced the metal Defibrillator cabinet with a polycarbonate cabinet outside the Tavern and help to maintain it.

Our canoe/kayak/paddleboard section will continue to undertake a ‘Paddle Clean-up of the river’ an ambitious Rockland to Surlingham Ferry, maybe beyond.

We continue to work closely with the RSPB and Broads Authority to enhance ‘The River Yare’. Over the winter the club completed 17 tree and brush clearing work parties.

All members of the Parish Council and residents are warmly invited to visit Coldham Hall Sailing Club. Information on activities and events can be found on our web site www.coldhamhallsailingclub.co.uk with all contact details or please pop along to the club for more information.”

From the meeting - Surlingham Parish Council are in discussion with the RSPB to clear and reopen access at Surlingham Staithe on to the river, over the years the channel has become blocked with overgrown weed in the river and fallen willow trees. The Staithe is located as you enter the Track to the Ferry House, track on right, overgrown.



RIGGING OUT SUPPER - Saturday 4th April

members attending being served an lovely buffet. The room being well laid out and the service excellent! Our grateful thanks to all of the Tavern Crew. The raffle raised an additional £115 for club funds.

The 'Rigging Out Supper' is traditionally held the day/evening before the first outing on the water. It is aimed at bringing members together after the winter layoff and a chance to share a supper and a catch up.

This year our evening was held at the Tavern with 35

**Open Day, Sunday 26th April.**

Following the scheduled Local Race(3) morning sailing, a number of members kindly kept their boats ready on the water to give visitors and members an opportunity for a tester sail on the Yare.

The breeze increased, the sun was out allowing pleasant conditions to enjoy a sail in both Wayfarers and Yeoman's. The paddlers also joined in along with family and guests for a trip up to Bargate Broad and back.

One member took the opportunity to have an unplanned (fall in) swim (no swimming from club property Mike!) Also please be aware various places along the river the sides are shallow, particularly if the tide is low, avoid going aground.

Others took the opportunity to have a picnic by the river or use the BBQ for some DIY cooking. The BBQ will be available for DIY use at the Open Regatta, bring your own food.

In all 15 guests of all ages took to the water for a enjoyable sail, we would like to thank all members for making boats available and our guests for coming and having a sail and supporting our club. Additionally, thank you to all 5 guests who signed up for our Try Sailing Courses.

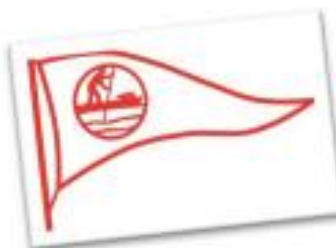




MAY 2nd & 3rd 2026 CHSC OPEN REGATTA

Open to All Dinghies, Half Deckers & Cruisers

Coldham Hall Sailing Club invites you to take part in their Annual Open Regatta held on the River Yare at Surlingham. Open to all clubs and most types of boat (sorry no production cruisers).



First race Sat 2nd from 1400
continuing on Sunday 3rd from
10.00am
(weather permitting)

CHSC Sailing Instructions and RYA
racing rules 2025 to 2028 apply.

www.coldhamhallsailingclub.co.uk

**Entry just £1.00 per
race on the day, all
prizes by
sweepstake**

**Allcomers, Norfolk's,
Wayfarer, Yeoman
Class races for
trophies**

**Downriver course for
Traditional Broads
Cruisers – Merlin
Challenge Cup**

**Harry Last Memorial
trophy for boat with
fastest correct ed
time from last four
races - Sunday**

**COLDHAM HALL
SAILING CLUB**

Surlingham
Norfolk
NR14 7AN

www.coldhamhallsailingclub.co.uk

Sailing Section

OOD Duties - May

DATE	ALLCOMERS EVENT	River Cruiser Class	OOD	SECOND OFFICER	THIRD OFFICER
2 nd	CHSC/NFSC Open Regatta		J Wells	S Watt	
3 rd	CHSC/NFSC Open Regatta		J Wells	S Watt	
10 th	Local (4)		N Kippin	J Barnacle	J Yeates
17 th	Downriver (2)	RCC (1)	B Adams	J Robertson	S Martin
24 ^t	Downriver (3) Picnic (1)		I Barker	D Nunns	S Lock
31 st	Local (5)	RCC (2)	A Blezard	M Dunne	I Shepherd

Please check Officer of the Day duties on the club website, if you need to swap please inform our Race Officer Ben.

Local (1) Sunday 5th April

**OOD's Margaret & David Woolston and Dave Durrant.
Low water 0931hrs Storm Dave 18mph gusting 30 SSW.**

For the first outing of the season we like to begin with a leisurely start to make sure you've fitted the boat right, blow off the cobwebs and have a gentle sail on the river, having a chat and settling in. Well that's what we like but not quite what we got! Storm Dave decided to join us and made the day lively for all, keeping us all on our toes from the start



Eight boats came to the line, all doing their best to keep apart, the OOD's wisely set a two buoy course with a downriver start to Starboard, mainly on a close haul, followed by a broad reach and run upriver to Starboard buoy 3, heading back downriver for 3 rounds. By the time the race ended all were more than ready to come ashore for tea and a break.

After which it was back on the water for similar a similar course for the following two races. (Full results club webpage).

- Race 1. 1st Trio, 2nd Kingfisher, 3rd Talisker.
- Race 2. 1st Falspar, 2nd Diamond Lil, 3rd Trio
- Race 3. 1st Falspar, 2nd Talisker 3rd Trio

Well done to all considering the trying conditions



on

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Local (2) Sunday 12th April.**OOD's Debbi Jaffey, Judith Robertson and Paul Jewby.****High tide 0957hrs, Wind 19mph Gusting 32 SSW (variable).**

Another windy day, Storm Dave still hanging around making itself felt and making for some good sailing, the wind seem different from the Met online, being more NNW than the predicted, which I find harder to understand, do you? The OOD's this time setting a 3 buoy course with a upriver start, generally allowing all to point to pass buoy 2 to Starboard, up to Buoy 3 again to Starboard with a run downriver to Buoy 1 to port, all boats generally keeping close together throughout, a good workout for all.

Race 1, 1st Falspar, 2nd Diamond Li, 3rd TaliskerRace 2, 1st Tara, 2nd Trio, 3rd FalsparRace 3, 1st Diamond Lil, 2nd Tara, 3rd Talisker**Downriver 1, Sunday 19th April****OOD'S, Shirley & Mike Roll and Dave Greenacre.****Course 2, turning downriver of Buckenham.****Low tide 0931hrs wind predicted 12mph gusting 23 SSW.**

Our first Downriver of the season brought lovely sunshine throughout the morning with a chilly breeze. On arriving at the club we were met by Mum and Dad Graylags with their newly born eight kids by the slipway, spring is certainly with us.

We soon realised the wind strength was at least a couple of mph higher than forecast, the direction more NNW, the gusts were certainly higher maybe up to 26mph and constant.

One combined start of 13 boats, including the club Wayfarer (single handed) and Tom Frost on his first outing of the year in his Solo, unfortunately Tom had an early bath and retired, a wise choice but as always he was in good spirits.

The OOD'S wisely set a Starboard buoy Upriver of the Start Box to avoid a downwind dash which could have caused challenges with 12 boats together. The start saw the usual mayhem with boats tacking together into the wind, most choosing the Southern bank, the river getting narrow towards the mark. The Kingfisher crew decided to keep out of the way on the Northern side which was an advantage getting to the mark first, turned and headed back towards the line r. As we crossed the line on the downriver leg the club Wayfarer and Falspar were fast closing the gap. Looking back as we travelled down Train Reach it was a lovely sight to see the fleet, most gooswinging the sails on a Run nearly all the way to the turn round point.

Club 1 managed to get ahead and kept this position all the way to the turning buoy. With a run downriver it generally means heavy tacking all the way home and today was no exception, Diamond Lil made a clear gap finishing 1st Trio second and Kingfisher third (it was overheard that Kingfisher had done well considering it consisted of 'and old man' and a novice crew). Certainly, a good workout for all, well sailed for one of our first outing.

Local (3) Sunday 26th April.**OOD's Bill Clarke, Colin Brown & Chris Logue****High water 10.07hrs Sunny with light expected ESE breeze of 7mph, gusting 14.**

For a change somewhat lighter winds than of late, the OOD's set an interesting 3 mark course with a downriver start to round buoy 1 on Port at the start of Strumpshaw Fen, back upriver to Buoy 3 to Starboard and downriver again to Buoy 2 just upriver from the box to Port.

Eight Yeoman's and the Club Wayfarer with young Jasper crewing for uncle Paul, came to the line for a slower start then of late with the light but changeable direction testing all throughout. The light breeze which kept falling away made all three races changeable.



Race 1, Club 1 got off to an excellent start, with Paul in Club 1 quickly taking the lead which they kept throughout, being continuously pressed by both Tara and (ED - more surprisingly to me Bluey!.) Unfortunately Paul, being ahead missed the Port buoy 2, thus not completing the course and ending up disqualified by the OOD.

Throughout the three races boats regularly changing position's with no one really able to find the strongest part of the river, no lap was the same and unfortunately Bluey unable to repeat their earlier performance (back to normal then). An very frustrating but enjoyable days sailing prior to our Open Day session.

Race 1, 1st Tara, 2nd Bluey, 3rd Kingfisher

Race 2, 1st Kingfisher, 2nd Trio, 3rd, Tara.

Race 3, 1st Kingfisher, 2nd Trio, 3rd Club 1 (Wayfarer).

Drone pictures by Mark Suckling,



Sailing during the week - 'Midweekers' by Judith.

Because of the unique situation of Coldham Hall Sailing Club, a group trip up or down-river during the week is a great way to enjoy non-competitive sailing with the bonus of safety, company and honing sailing skills.

The mid-week group evolved over the years. Fourteen years ago, recently retired, I started sailing with the group during the week and thereby learned how to helm. Quite a few boats congregated for a sail on a chosen day. We met at 10, got away by 10.30, stopped at Cantley for lunch say, and back for 3ish. Some days would be suitable to get to Reedham and back, and up river is also an option.

Currently, I send out an email early in the week to those on the circulation list, with the projected weather and tide for the week. When receiving my email, members can inform others of their plans, if they wish, and offer or ask for a 'seat in a boat'.

The format for the day has remained similar, but each sail is different. The group got off to a good start this year on 8th April. Three Yeoman sailed to Cantley with the wind and tide against them. The wind was gentle, the sun shone and it was warm. In those conditions it was a slow sail down-river, but much quicker back. Some sailors do their own thing, make the day shorter by turning before a lunch-time stop or do an afternoon sail.

If anyone wants to have their name added to the circulation list, let me know, this is a good way to enhance the sailing experience at CHSC.

Judith email jude_rob2000@yahoo.co.uk

A typical weekly Midweekers email to group.

“Quite a windy week coming up and we have the Open Regatta at the weekend, which may influence peoples' choice to sail.

Forecast so far: Dry and warming during the week.

Tuesday, wind 15/17 mph from NE gusting 33. High tide at Coldham, 12.15

Wednesday, wind 19mph Easterly gusting 35. High tide at Coldham, 13.00

Thursday, wind 17mph SE gusting 32. High tide at Coldham, 13.30

Friday, wind 11 mph SSE gusting 22. High tide at Coldham, 2pm.

If you want to share plans, please do so”.

Canoe and Paddle Board Section



Paddle News – April 2026

Social Paddling will resume Tuesday 5th May.

Our canoe/kayak/paddleboard section will continue to undertake a ‘Paddle Clean-up of the river’ an ambitious Rockland to Surlingham Ferry, maybe beyond. Details will follow shortly.

Thankyou to all paddlers who attended the Open Day on Sunday 26th April.



Photo by Jane

Yare Navigation Race, Saturday 5th September 2026.

2026 is the 50th ‘Golden’ Anniversary of our clubs prestigious Yare Navigation Race (YNR).

This race specifically for Traditional River Sailing Cruisers from across the Northern and Southern Broads is raced from Coldham Hall Sailing Club to a Mark (Buoy) set on Breydon Water and return.

If you able to help us Marshal the course, this includes Race Starters, finish recorders at the club, and time keepers at Reedham Quay, please contact Gary, email

corbett01@btconnect.com

More Information will follow in further editions.

Club Notices

Lost property

Silver Pandora Charm Bracelet lost at the club during the Open Day on Sunday 26th April

If you find please let Tina Pye know, Tel. 07909541010



Gary's Wellbeing, Bit

Ever thought about having a sing song?

Did you know that something as simple as singing or humming can help you feel calmer and more settled? It's true - and there's science behind it!

Inside our bodies is something called the Vagus nerve, the longest nerve of the autonomic nervous system, this nerve plays an important role in helping us relax, slow our breathing, and feel safe. When the Vagus nerve is gently stimulated, it sends signals to the brain that everything is okay, helping to reduce the feelings of stress and anxiety. One easy way to activate this calming system is through singing and humming.

When we hum or sing: our vocal cords vibrate, which gently stimulates the Vagus nerve, Breathing naturally slows down, Our body shifts into a more relaxed state. This is the body's natural way of self-soothing.

Not a lot of people know that.???

Footnote, many may have noticed I have a tendency when concentrating to 'blow bubble', you really don't want to hear me sing!!!!

All members are invited to submit articles, photographs, comments, items for sale or anything they feel suitable to be considered for publication. Email to Gary Corbett corbett01@btconnect.com or Dave Durrant davidkdurrant@yahoo.co.uk The editors reserve the right to delay publication or amend/reformat/correct submissions as deemed appropriate.