

A P R I L 2 0 2 5

# COLDHAM CHRONICLE

**Goldham Hall Sailing Club Est. 1951**

*'The Heart of Sailing in the Yare Valley'*

**President: Gary Corbett**



## Club Officers

**Commodore:** David Taitt  
[david.taitt@gmail.com](mailto:david.taitt@gmail.com)

**Vice - Commodore:** Vacant

**Rear Commodore:** Vacant

**Secretary:** Emma Crowfoot  
[ejcrowfoot@gmail.com](mailto:ejcrowfoot@gmail.com)

**Treasurer:** David Woolston  
[woolston546@btinternet.com](mailto:woolston546@btinternet.com)

**Race Officer:** Ben Adams  
[tobenadams6@gmail.com](mailto:tobenadams6@gmail.com)

**Social Secretary:** Amanda Blezard

**Bosun:** David Taitt  
[david.taitt@gmail.com](mailto:david.taitt@gmail.com)



[www.coldhamhallsailingclub.co.uk](http://www.coldhamhallsailingclub.co.uk)



Coldham Hall Sailing Club



Yare Navigation Race



CHSC Triple B Dinghy & Keel Boat Race

## The Coldham Chronicle

A warm welcome to all our new sailing and paddling members at the start of our 74<sup>th</sup> season at Coldham Hall Sailing Club established in 1951, with many changes over the years. We hope you all enjoy the year, either sailing or paddling or both and socially.

This year the weather and the tides have been a little bit more kind to us, in the next few days we are looking at top temperatures of 24 deg with lots of sunshine, to think that last year we were complaining of too much wet weather, locked tides and flooded Carnser. Mind you a bit like last year we just want the wind to move from the North and chilly east to the prevailing South westerlies and maybe some overnight rain for the land.

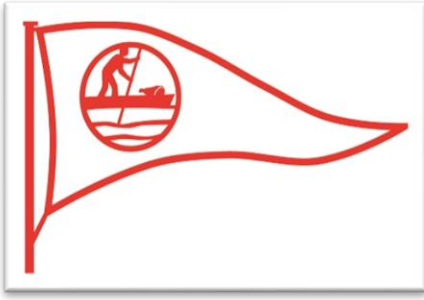
Spring and nature are certainly with us with many chick sightings on the river and dinghy park. Grebes can be seen courting with their spectacular dancing on the river. We have witnessed swans huddled on their nests and look forwards to seeing the cygnets growing up over the next few months. If you are sailing or just visiting the club the listen out for the Booming Male Bittern, particularly east of the club.

The sailing season started at the beginning of the month with eight boats coming to the line for the first race day in glorious but slightly chilly conditions and ideal strength winds.

A timely reminder that May brings our Open Regatta with Frostbites Sailing Club and hopefully the Waveney's from Oulton Broad held over the Bank Holiday 3<sup>rd</sup> & 4<sup>th</sup> May.

The Paddling section starts Tuesday night paddles on 6<sup>th</sup> May 6.30pm prompt from the clubhouse.

May looks as if its going to be a busy month, all are invited to join in



### Notes from The Committee

held on Tuesday 8<sup>th</sup> April by Teams

Commodore David Taitt opened the meeting and welcomed everybody.

**Hon. Secretary** No Report

**Treasurer** – Majority of membership fees have now been received. A reminder to club members who have not as yet renewed their membership and any dinghy park/ canoe rack fees which are overdue. Three new applications for sailing membership, discussed, all in favour. Proposal for a tea fund, for those who regularly attend the club of £30 per annum to be paid direct to club via BACS.

**Bosun** - DT thanked all who were involved in club work parties, a lot achieved. A small piece of quay heading capping is still to be completed, awaiting supply of wood, small work party to be arranged. Next ongoing task will be the replacement of the clubhouse roof which is leaking in areas. This will be carried out in stages during the better weather but will not interfere with sailing/paddling. Check of roof materials, should be just sufficient.

**Race Officer** – Ben is researching Waveney Trophies for Open Regatta. Have possession of WOD Team Trophy, (WOD v Coldham v Frostbites) Ben thanked everyone who attended the first local race on Sunday 6<sup>th</sup> 8, local boats racing. Good turnout. DW stated video of race now on website. Triple B committee have had meeting and planning well advance including entry form (19<sup>th</sup> July) Oulton week, if sufficient boats took part would be Yeoman class race. Ben is planning a Yeoman team race against WOD at Coldham.

**Social Secretary** - Request for cake donation for Regatta weekend

### A.O.B

- a. Surlingham Parish Council AGM response. GC.- Surlingham Parish Council AGM being same night as Club Committee meeting Gary forwards a report on behalf of the club.

## Upcoming Events 2025

### May

- |  |                            |
|--|----------------------------|
| Saturday 3rd                                 | CHSC/NFSC/WOD Open Regatta |
| Sunday 4th                                   | CHSC/NFSC/WOD Open Regatta |
| Wednesday 21 <sup>st</sup>                   | WOD team Race              |
| Thursday 22 <sup>nd</sup> & 29 <sup>th</sup> | Try Sailing Theory         |

### June

- |               |                            |
|---------------|----------------------------|
| Thursdays     | Try Sailing Water training |
| Saturday 21st | Hardley Mill Cruise & BBQ  |

### July

- |                                 |                            |
|---------------------------------|----------------------------|
| Thursday 3 <sup>rd</sup> & 10th | Try Sailing Water Training |
| Sunday 6th                      | Club Regatta               |
| Thursday 17 <sup>th</sup>       | Social BBQ                 |
| Saturday 19 <sup>th</sup>       | Triple B race              |

### August

- |   |                             |
|---|-----------------------------|
| Saturday 2 <sup>nd</sup><br>17th – 22nd | Reedham Race<br>Oulton Week |
|---|-----------------------------|

### September

- |                |                 |
|----------------|-----------------|
| Saturday 20/21 | CHSC/Waveney OD |
|----------------|-----------------|

### October

- |              |                                |
|--------------|--------------------------------|
| Saturday 4th | YNR                            |
| Sunday 19th  | Commodores Day                 |
| Sunday 26th  | Winter Downriver Series starts |

### December

- |               |                        |
|---------------|------------------------|
| Wednesday 3rd | Annual General Meeting |
| Sunday 14th   | Christmas Pudding Race |

## 2026

### January

- |                           |                             |
|---------------------------|-----------------------------|
| Saturday 17 <sup>th</sup> | Annual Dinner & Prizegiving |
|---------------------------|-----------------------------|

The above list is correct at time of going to press but may be subject to change throughout the year. A full list of all racing and social events for 2025 will be shortly updated on the club website.

### A.O.B - continued

- b. Surlingham Parish Council AGM response. GC.- Surlingham Parish Council AGM being same night as Club Committee meeting Gary forwards a report on behalf of the club.
- c. EEAA, Trek24. GC has been in touch with Air Ambulance to see if stewarding assistances/ check point would be of use at the club. Awaiting reply from organisers.
- d. Defibrillator. GC Working with the Taren to ensure Defibrillator attached to outside wall is active and available.

## Surlingham Parish Council Annual General Meeting Tuesday 8<sup>th</sup> April 2025

### Report from CHSC

Thank you for your kind invitation to attend your AGM meeting representing Coldham Hall Sailing Club. (CHSC).  
*(Report sent as same date as committee meeting).*

This spring we have been busy professionally replacing a large section of our quay heading and removing the boardwalk which was in a poor state, we are very pleased with the result; we have refurbished our two waterside benches for all to use, we are planning to refurbish our clubhouse roof as well as installing additional canoe storage.

I am pleased to report our membership continues to thrive with sailing and increasing paddle membership; our sailing season started on Sunday (6th April) with a full events calendar through to December, including regattas, visiting sailing groups and socials. This year will be the 49th Yare Navigation Race, from Coldham to Breydon and back, inviting river cruisers to this prestigious race. We continue to offer our Try/Discover Sailing programme to introduce people to sailing. In 2024 we accredited 10 new members to sail our club owned boats.

Our canoe/kayak/paddleboard section will undertake a 'Paddle Clean-up of the river' an ambitious Rockland to Surlingham Ferry, maybe beyond. (UK Paddle, River Clean-Up campaign).

Social paddle Tuesdays invites anyone to come along who will be supported throughout followed by a social debrief after at the Ferry. Last year we regularly had up to 22 paddlers from May to September; other events are planned including CPR/Defibrillator/First Aid awareness with NARS, Norfolk Ambulance Rescue Service. We hope to raise funds to replace the existing Defib metal cabinet for a polycarbonate cabinet outside the Tavern.

We are in contact with the East Anglian Air Ambulance (EAAA) offering Support with their Trek24 in May which passes our clubhouse along the Wherrymans Way and return.

We work closely with the RSPB and Broads Authority to enhance 'The River Yare'.

We advise people not to venture close to the river bank, to keep away from the quay heading and pontoons and to wear a buoyancy aid and suitable clothing on and near the river. We do not allow any swimming or diving at Coldham Hall Sailing Club which we hope the Parish Council will continue to support.

All members of the Parish Council and residents are warmly invited to visit Coldham Hall Sailing Club. Information on activities and events can be found on our web site [www.coldhamhallsailingclub.co.uk](http://www.coldhamhallsailingclub.co.uk) or please contact me at [mooringsecretary@coldhamhallsailingclub.co.uk](mailto:mooringsecretary@coldhamhallsailingclub.co.uk)

Yours sincerely Gary Corbett, President, Coldham Hall Sailing Club.

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## Coldham Hall Sailing Club Rigging Out Supper

Held on Saturday, 5th April 2025, 7pm at Surlingham Ferry.

Owing to the limited numbers attending the Rigging Out Supper this was cancelled from the village hall and instead held at the Surlingham Ferry Inn. 25 members attended a successful evening enjoying tasty food along with a good pre-season mardle and catch up.

## Life Jackets & Buoyancy Aids for all craft

Yes, we've covered this subject before, we like to help and ensure you are looking after yourselves and others. How many out there rely on the self inflating life jackets with no yearly, or longer, check? For your own safety and peace of mind it's timely to check them over at least yearly, as well as checking on your current buoyancy method, please take a moment to have a read; this is for sailing and paddling.

Lifejackets, produced by the RNLI <https://rnli.org/safety/lifejackets>

Choosing the right lifejacket or buoyancy aid for your activity can be difficult. With many different options to choose from and technical language that can be confusing, you might end up using something unsuitable, or worse, not using one at all.

A personal flotation device (PFD) is something you wear that will keep you afloat should you enter the water. There are a number of different types, but the most common are buoyancy aids and, in particular, lifejackets.

Choosing the right lifejacket for the type of activity you are doing on the water can be the difference between life and death. Choosing the wrong type of lifejacket can leave you frustrated and unable to fully enjoy the activity you're doing, increasing the temptation to remove it completely.



In this guide, we'll talk you through the different types of PFD available and what activity they are suited to. We also have some information on how to check and maintain your lifejacket, so that if you do have to use it, it will work exactly as it should.

### Why should you wear a lifejacket?

Every year, around 200 people drown in the coastal waters around the UK and Ireland. These tragedies happen to people taking part in a wide range of water-based and waterside activities. Research has proven that wearing a lifejacket can increase your chances of survival by up to four times if you're immersed in cold water.\* Whatever your activity, wearing a well-fitted, well-maintained and suitable lifejacket or buoyancy aid could save your life.

### Best option – don't fall in!

If you fall over the side and are not attached to your boat/craft, you can rapidly become separated from the vessel. This will greatly increase the difficulty of rescue, so may decrease chances of survival.

Staying on, or near, your boat is always going to be the best option. At the very least, make a policy of clipping on to suitable points around the boat at night, when alone on deck, or in rough conditions. Ensure you have a harness line with a hook at both ends. Clipping on is particularly important on sailing boats, where the motion and angle of heel can be unpredictable. Whenever possible, use a lanyard that is sufficiently short to prevent you from falling over the side. If someone falls overboard while attached to a safety lanyard, stop the boat immediately – being dragged through the water alongside a vessel can be life threatening.

### Motorboats including club safety boat

The driver must attach himself to the safety cord commonly known as the 'kill cord' this is attached to a switch when detached stops the engine, if the driver leaves the safety boat a second cord is on the boat, when someone is in the

water do not restart the engine/ propeller until safe to do so. Ideally rescue the person from the water first. Passengers should always sit down.

**Cold water shock** Cold water shock is the uncontrollable reaction of the body when it is first submerged in cold water (15°C or lower). In initial submersion, the body will experience a gasp reflex, which is a rapid intake of air. This is followed by a fourfold increase in breathing rate and associated increases in heart rate and blood pressure, making some people susceptible to heart attacks. These symptoms will last up to 3–5 minutes during which even the fittest person is unable to swim or to focus on breathing. Wearing a lifejacket with the correct buoyancy is vital to survival.

During the initial stages of cold water shock, try to stay calm and let your lifejacket keep you afloat. The clothing you are wearing, the fitting and features of your lifejacket and the amount of energy you expend will all be critical factors to survival from this point onwards.

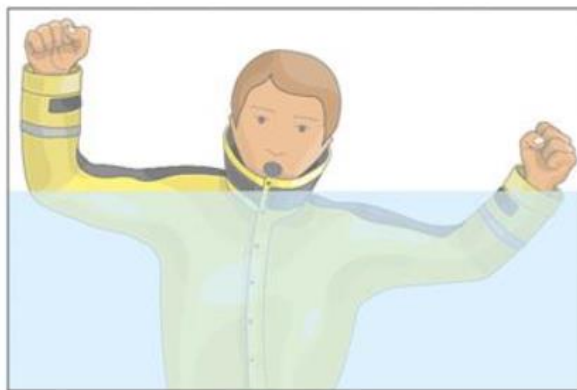
Without a lifejacket even the most competent swimmer will suffer from ‘swim failure’ after around 30 minutes of swimming in cold water. If you are wearing a well-fitting lifejacket with crotch straps, there is no need to swim and you can concentrate on keeping warm, conserving energy and making yourself visible.

If you are on your own, cross your ankles, put your knees together and bring your arms around your body and float in the Heat Escape Lessening Position (HELP).



HELP reduces heat loss

image courtesy of RNLI



Gasp reflex caused by cold water shock



With crotch straps



A huddle can be seen more easily



Without crotch straps





Entries are now open for the 2023 Three Rivers Race

**Saturday 31<sup>st</sup> May – Sunday 1st June 2025**

Entry forms and full details now available at

[www.3rr.uk](http://www.3rr.uk)

## Rambling near Home

by Jane Yates and the Wensum Ramblers

On Thursday 24<sup>th</sup> April a group of about 30 walkers including myself and David from the Wensum Group Ramblers were led on a 6 mile walk from the Surlingham Ferry pub. This included walking through the Coldham Hall pub and CHSC grounds via The Carnser and leaving along the footpath to Beerlick's Loke and around Surlingham. Everybody thoroughly enjoyed the walk and seeing the familiar area through the eyes of others makes me realise what a lovely part of Norfolk we inhabit.



Jane & Carolyn called at the club later whilst paddling and rescued a baby duckling (one of 15) caught on the boardwalk netting, returning to mum. Good news story



## Sailing Section

### OOD Duties - May

DATE	ALLCOMERS EVENT	River Cruiser Class	OOD	SECOND OFFICER	THIRD OFFICER
3rd	Open Regatta		David Taitt	Ben Adams	
4 <sup>th</sup>	Open Regatta		David Taitt	Ben Adams	
11 <sup>th</sup>	Local (4)		R Branscombe	D Branscombe	J Yeates
18 <sup>th</sup>	Downriver (2)	RCC (1)	B Adams	J Robertson	S Martin
25 <sup>th</sup>	Local (5)		I Barker	G Van Der Ecker	S Lock

### Club sailing

Its only just the end of April and already we have completed four races on our club programme, three locals and one downriver. All race results can be found on the clubs website; Race Programme Select- Race Programme. Below is a precis of some of those first races.

### Season Start Sundy 6th April 2025

The first local race day of the year was held on Sunday 6<sup>th</sup> April. After months of cleaning painting and repairing seven Yeomans and one club Wayfarer came to the line in glorious early morning sunshine with Officer's of the Day, David and Margaret Woolston and Dave Durrant, setting a two buoy course.

Although the Easterly had a bit of a chill to it the racing got off to a great start with competitors enjoying a moderate breeze which increased slightly as the day progressed.

David & Will Taitt in Yeoman *Trio* took line honours in the first race followed closely by Kim Mayfield and Carol in Yeoman *Tara* in second with John & Sandy Wells in a newly liveried *Diamond Lil* coming in third.



After tea/coffee the second race started on the same two mark course and in slightly stronger wind conditions but still with bright sunshine. John & Sandy soon establishing an overwhelming lead to take first place followed buy Pauk Parker and Gill in the club Wayfarer and with Crispin Lamber t and Ben Adams in Yeoman *Felspar* taking third place. Race officer Dave Woolston then got the third race off to a quick start, although sunny it was b\*\*\*\*\* cold.

Dave Taitt, who finished out of the top 3 in the second race determined not to let it happen again, crossing the line in first place followed by John and Sandy in second with Kim and Carol completing the third place position. During the racing a drone was spotted hovering over the course and filming the fleet as they passed through. The owner of which has generously given the footage to the club. The links to which can be found on the Club website home page along with a link to a number of action shots taken that day.







**First Downriver 20<sup>th</sup> April**, Debbi Jaffy and Gary Corbett OOD, setting the Long Course with a reasonable easterly breeze, difficult to decide on distance so go for the long course, it can always be shortened. Nine Yeoman's at the start line with Paul Parker taking the single handed club Comet. It was a good beat down river, the OOD's taking the safety boat keeping a good position in the fleet. A wise decision was made to turn the boats midway between mark 2 and Mark 3, the stile prior to Langley Woods. All boats generally having a run most of the way back with a bit of beating. A good day had by all.

**Local Race (3) 27<sup>th</sup> April**, John Wells, Sandy and Emma as OOD's, unfortunately the winds were very light with a fairly strong flood tide until after lunch, a decision was made to give it a go. Generally the wind didn't pick up and a single lap course was displayed for all 3 races. Positions changed throughout with fortunate boats catching the odd gust, others had challenges with the strong tide, especially turning the buoy in front of the Bargate Broad entrance.

## Midweekers

Judith Robertson

Now that the sailing has restarted our midweeker sailors have the opportunity for a weekly get together sail generally downriver to Cantley with a lunch break before return. This year on Easter Friday three boats set off to Reedham for a pleasant sail in good conditions and back to the club.

Last week's trip was to Cantley surprisingly how chilly it was heading into the Easterly wind, always wrap up warm, easier to delayer clothing.

If you would like information on Mid weekly sails please contact our coordinator Judith email [jude\\_rob2000@yahoo.co.uk](mailto:jude_rob2000@yahoo.co.uk)

**WHERRY MAUD TRUST**  
 CELEBRATING THE TRUST'S 10<sup>TH</sup> BIRTHDAY



**ARTISTS AND CRAFT  
 MAKERS SHOW**  
 RANWORTH VILLAGE HALL  
 BROAD ROAD, RANWORTH, NR13 6HS

SAT 3<sup>RD</sup> MAY & SUN 4<sup>TH</sup> MAY 10AM - 5PM  
 FREE ENTRY      REFRESHMENTS AVAILABLE

**VIEW WHERRY MAUD AT  
 RANWORTH CONSERVATION CENTRE**

A MAJOR FUNDRAISER FOR THE MAINTENANCE OF MAUD  
<https://www.facebook.com/WherryMaudTrust/>  
[www.wherrymaudtrust.org](http://www.wherrymaudtrust.org)

## Canoe and Paddle Board Section



### Paddling

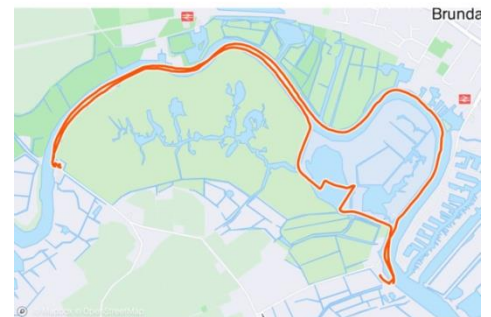
Welcome to the club’s new paddling members; we hope you will be able to join in with outings throughout the year. We regularly venture out on Tuesday evenings from the club for a gentle paddle direction depending on the tide and wind direction. We aim to leave the club at 6.30pm, after returning you are invited to join us for a debrief at the Ferry. First evening outing 6<sup>th</sup> May.

### Saturday 26<sup>th</sup> April. Paddle Breakfast at Surlingham Ferry

Our first outing this year together, a river trip for Breakfast at the Ferry. 27 paddlers meet at the club at 8.30am under the stewardship of our Ambassadors Clare & Vicki, boards were pumped up to the necessary 15psi (that took some doing, must invest in an electric pump) a combinations of Kayaks, Canadian canoes and SUP’s, soon on the water to head upriver helped with the incoming tide making it a relatively easy 50 minute main river paddle to the Ferry. Arriving, the water was a bit low, gently does it, all safely ashore we headed into a waiting Tavern joining our road travellers, now totally 32 member joining together for a delicious breakfast served efficiently by Sonia and her team. 5, including yours truly going for the large breakfast. Thank you from us all.

#### Paddle Group 26 Apr

Distance	Speed	Time
4.29 mi	3.0 mi/h	3h 42m



Our new and youngest member Miles enjoying cuddles and attention, we’re looking forward to when he can join us on the water.





All fed and watered, gently back into/on our craft for the journey home, now joined by Florence and Jocelyn with mum & dad, nanny & Grandpa for the return journey, although it looked like Dad was doing most of the paddling. Homewood, we returned into the dyke and across Bargate Broad, the channel being dredged by the Broads Authority, the morning thoroughly enjoyed by all as the photos show. (Boaters, please be aware the Broads Authority has dredged the channel only not all Bargate Broad, it now has their standard Port/Starboard buoys as channel markers.).





## Club Notices

### Membership & Mooring Fees

A further reminder from the Treasurer to those who have not yet returned their renewal forms or membership fee, if you could return as possible please.

Anyone who decides not to renew and have a boat, dinghy, canoe or Kayak at the club if you could take it away as soon as possible please, our new members are actively looking for a dinghy space or place on the racks. Our dinghy park secretary, GC, does check. Thank you.

### Yearly Tea & Coffee subs.

To help with regular tea and coffee subs when cash is not at hand, the committee has agreed a one off payment of £30 to cover one person for the season. If you find it easier to pay this way please forward £30 by BACS payment Tea subs 25 to the Treasurer . If easier to pay by cash, speak with David Woolston.

### Cash for Cans

We are still actively collecting aluminium cans and have filled at least one sack already.

'Cash for Cans, recycling is a perfect fundraising opportunity for us to help boost club funds.

Please keep bringing your crushed cans and put them in the collection sack in the back room.

EVERY CAN COUNTS.



### For Sale



Four person Bombard AX3 rubber dinghy with wooden transom, slatted wooden floor, a set of paddles, complete with foot pump, carrying bag. Good condition.

**£275 ono.**

Contact Alan Sant email, [alan.sant395@gmail.com](mailto:alan.sant395@gmail.com) or telephone 07523 909797

All members are invited to submit articles, photographs, comments, items for sale or anything they feel suitable to be considered for publication. Email to Gary Corbett [corbett01@btconnect.com](mailto:corbett01@btconnect.com) or Dave Durrant [davidkdurrant@yahoo.co.uk](mailto:davidkdurrant@yahoo.co.uk) The editors reserve the right to delay publication or amend/reformat/correct submissions as deemed appropriate.